



2018 Drake Relays presented by Hy-Vee High School Blue Standards			
Boys		Girls	
100m	<b>10.80</b>	100m	<b>12.30</b>
800m	<b>1:56.30</b>	800m	<b>2:16.00</b>
1600m	<b>4:24.00</b>	1500m	<b>4:47.00</b>
3200m	<b>9:35.00</b>	3000m	<b>10:30.00</b>
110mH	<b>14.60</b>	100mH	<b>15.10</b>
400mH	<b>54.00</b>	400mH	<b>1:04.50</b>
4x100m	<b>43.80</b>	4x100m	<b>50.80</b>
4x200m	<b>1:29.50</b>	4x200m	<b>1:44.20</b>
4x400m	<b>3:23.00</b>	4x400m	<b>4:03.00</b>
4x800m	<b>8:05.00</b>	4x800m	<b>9:36.00</b>
ShuttleH	<b>58.00</b>	ShuttleH	<b>1:06.00</b>
1600 Med	<b>3:34.50</b>	800 Med	<b>1:49.00</b>
High J	<b>6-6</b>	High J	<b>5-5</b>
Long J	<b>22-4</b>	Long J	<b>17-8</b>
Discus	<b>171-0</b>	Discus	<b>130-6</b>
Shot	<b>57-0</b>	Shot	<b>42-0</b>

### High School Blue Standard Information

1. The Blue Standards do not change the entry process. As in previous years, coaches **are still required to enter** the athlete(s)/relay in the event on Aspimeetz before the meet entry deadline. Meeting the Blue Standard in an event guarantees acceptance when the coach enters the athlete/relay in the correct Drake Relays event before the entry deadline of Thursday, April 19 at 11:59 PM.
2. **Athletes/relays do not need to meet this standard to qualify for the Drake Relays presented by Hy-Vee.** Field sizes will remain unchanged from 2017 and fields will be filled through the same protocol used in previous years. Complete details will be available in the high school coaches entry packet, available Friday, February 9.
3. Only three athletes per team may be entered in an individual event due to NFHS track and field rules (Rule 5, Section 2, Art.4-c). Should four or more athletes from one team meet the standard in the same event, it is up to the coach to determine which three athletes will be entered.
4. Blue Standard marks in track events must be achieved with Fully Automatic Timing (FAT). As in previous years, handheld marks will be accepted for entries, but athletes will not be considered to have attained a Blue Standard.
5. We encourage those who achieve the Blue Standard to post on social media mentioning @DrakeRelays using the hashtags #MYDRAKERELAYS and #BLUEOVALBOUND.